

CAMP RAMAH IN WISCONSIN

2-8-Week Camper Packing List

****Make sure to label everything you pack!!****



Clothing

- 12 underwear
- 12-15 socks
- 4-6 bras: regular, sport (if applicable)
- 10-12 t-shirts (+1 white one for decorating)
- 4 long sleeve shirts
- 5 sweaters/sweatshirts (mix of lightweight and heavyweight)
- 8-10 shorts
- 6 pants (joggers, leggings, jeans, etc)
- 3 pajamas (1 warm)
- 3 modest swimsuits

Toiletries

- Toothbrush (in container) and toothpaste
- Brush/comb and hair accessories (hair ties, hair bands, etc)
- Shampoo, conditioner
- Soap (in container) or face/body wash and loofah
- Portable shower caddy (with holes for storage/transport)
- Deodorant
- Sunscreen
- Insect repellent, insect bite pain relief treatment
- Menstrual supplies (if applicable)
- Razor (if applicable)
- Orthodontic retainer (if applicable)

Outerwear & Footwear

- 3 hats (2 baseball caps, 1 winter beanie)
- 1 durable raincoat
- 1 fall jacket (warm)
- 1 pair rainboots or water-resistant shoes
- 1 pair athletic shoes (for sports)
- 1 pair sturdy walking shoes (think ropes course!)
- 1 pair flip flops or shower shoes

Shabbat Clothing

- 3-4 outfits
- 1 pair shoes

Shabbat adds an additional level of holiness to our community. Modest, nicer-than-everyday clothing is appropriate dress for Shabbat. We recommend button-down shirts, blouses, sweaters, skirts, slacks or dresses/rompers for Friday night. Many campers and staff choose to change into more casual clothing for Shabbat morning services.

Linens & Towels

- 1 pillow
- 2 pillow cases
- 2 fitted sheets
- 2 flat sheets or duvet covers
- 2 blankets
- Towels (4-6 shower, 2-3 beach)
- 4 washcloths
- Sleeping bag (Ruach Ramah campers do not need a sleeping bag)
- Optional: mattress pad

Other necessary items

- 5 kippot and clips (required for boys, encouraged for girls)
- Tallit and tefillin (for b'nai mitzvah)
- Flashlight and batteries
- Glasses or Contacts, plus solution and an extra pair (if applicable)
- Pens, stationary, stamps (pre-addressed, pre-stamped envelopes recommended)
- 2 water bottles
- 1 hanging shoe bag (to keep shoes off the floor and store other small items)
- 2 laundry bags
- Watch (inexpensive, non-smart watch)

Other optional items

- Sunglasses
- Bathrobe
- Slippers
- Lip balm
- Nail clippers, nail file
- Small fan
- Camera
- Sports equipment (baseball glove, swim goggles, tennis/pickleball racket)
- Musical instrument and music
- Simple costumes for Yom Sport or eidah (bandana, tutu, wrist band, etc)
- Books, games (card, board)
- Comfort items to make your bed/space feel like home (Pictures of loved ones, special pillow, fairy lights, etc)

Remember, you know your child best! This is a suggested list for what campers might need. Plan on needing about 10 days' worth of clothes.

Important Packing List Notes:

*Tank Tops/Jerseys - Tank tops and jerseys will be allowed for lunch and dinner on non-Shabbat days. Shoulders should be covered at all meals and tefillot on Shabbat and at morning services and breakfast on all other days.

*Sleeping Bags - For campers in Garinim (entering 4th/5th grade) and older - At the beginning of the summer, each cabin will be scheduled for an overnight camping trip and a sleeping back is needed for use on the trip. If a trip is cancelled due to inclement weather, every effort will be made to reschedule.

*Musical Instruments - Campers are encouraged to bring their instruments to camp. If the musical instrument is too large to fit in the camper's luggage, please contact the camp office. At camp, instruments are stored in a locked closet.

DO NOT BRING THESE ITEMS TO CAMP:

- Cell phones
- Electronic devices with internet capability
- Guitar amplifiers
- Fireworks, laser pointers
- Inline skates, scooters and skateboards
- Silly String, water balloons
- Paint guns/water guns of any size
- Large boomboxes, televisions, DVD players and movies on DVD
- Any kind of cooking device (microwave oven, George Foreman grill, hot pot, sandwich maker) or other food items
- Refrigerators/mini-fridges
- Laptop computers
- Video cameras
- Walkie talkies
- Weapons of any kind including pocket knives
- Music with sexually explicit or violent lyrics
- Poker chips and gambling paraphernalia
- Fishing poles and other fishing equipment

These items will be confiscated and, if appropriate, donated to a shelter in the Eagle River area.